

# OURSPACE

DIGITAL ADVENTURES IN SPACE

## METRO - Sleeping -Speed

With no up or down on the ISS, sleeping takes on a whole new adventure. Richard and the other crew can sleep wherever they can anchor their sleeping bags. Using a tether to keep them in place is important, if it's not tied tight they will doze off, drift off, and be carried by the air current in the ISS to awake up against the metal grill of the space stations air conditioning.